



[E-cigarettes May Have Unknown Health Risks](#)

Advantages	Disadvantages
Not known to cause fires or burns	Mislabeled and leakiness of liquid
Beneficial effects on health (improved breathing and less coughing)	Small percentage of the population is sensitive to propylene glycol (dry mouth and throat)
No tobacco smoke odor or bad breath	Some flavors have a lingering fragrance
Less toxic than tobacco smoke	Trace amounts of TSNAs present in some formulas
Mimics sensation in the throat of inhaling smoke	Throat sensation dependent on hardware used and liquid composition
The gestures or actions are similar to smoking	Equipment is heavier than traditional cigarette and puffing technique requires some training
Facilitates smoking abstinence	Some users only manage to reduce the number of cigarettes smoked
Relieves withdrawal symptoms and craving for tobacco	Relief of withdrawal symptoms varies, affected by quality of equipment and nicotine strength of liquid
In theory it can be used everywhere, but adequate regulation for its use in public places is required	Owing to few studies on the potential risk to bystanders, some communities are outlawing indoor use
No ash, dirt or burned clothes	Environmental concern about safe disposal of cartridges and batteries

TSNA: Tobacco-specific nitrosamine.

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A recent review of e-cigarette science by the European Public Health ... harmful than cigarettes, a lot remains unknown about the potential health risks of the products. ... While e-cigarettes don't produce tar, they still contain nicotine, ... that may encourage spread of established tumors and reduce the effects .... E-cigarettes can contain other harmful substances besides nicotine. Young people ... Scientists are still learning about the long-term health effects of e-cigarettes. ... Youth use of HTPs is unknown, but monitoring is underway.. Even some “nicotine-free” e-cigarettes have been found to contain ... health problems to the FDA — you can let them know if you've had such .... JUUL®: An Electronic Cigarette You Should Know About ... This has raised concerns that it may have a higher risk of addiction than other e-cigarettes. ... been on the market for just longer than a decade, long-term health effects are unknown.. Data on short-term health effects are limited and there are no adequate data on ... While e-cigarette aerosol may contain fewer toxicants than cigarette smoke, ... details of e-cigarette aerosol particle size and absorption are unknown and likely .... The health risks of vaping may be greater than originally thought – and may outweigh ... Many e-cigarettes contain nicotine; some contain THC, the ... short- and long-term health impacts of inhaling them are largely unknown.. The long-term health effects of e-cigarettes are still unclear. ... changed or modified and can have possibly harmful or illegal substances from unknown sources.. Quitting smoking is one of the best things you can do for your health ... You might be tempted to turn to electronic cigarettes (e-cigarettes, vape pens, and other ... There are many unknowns about vaping, including what chemicals make up the ... advises adults who use e-cigarettes for smoking cessation to weigh the risks .... E-cigarettes have been met with no shortage of controversy and uncertainty. ... More skeptical viewpoints note the unknown long-term health effects, limited ... What remains contentious is: 1) how much less harmful an e-cigarette may be to the .... E-cigarettes may also have a large impact on lung cancer. ... reason for caution—but letting unknown health risks stamp out e-cigarettes would .... Jump to Concerns - A consensus has not been established for the effects as well as the ... emerging phenomenon of e-cigarettes, including the unknown health risks from ... There is concern that e-cigarettes may result in many smokers .... ... effects of exposure to e-cigarettes are usually mild and transient, and may ... it is unknown whether e-cigarettes have health effects and toxicity similar to the .... E-cigarettes can resemble traditional tobacco products like cigarettes, cigars, ... In some cases, e-cigarette devices have exploded, causing burns or fires. ... Long-term health effects on users and bystanders are still unknown.. They can resemble traditional tobacco cigarettes (cig-a-likes), cigars, ... In addition to the unknown health effects, early evidence suggests that ... Because e-cigarettes contain nicotine derived from tobacco, they are now .... They contain nicotine, a highly addictive drug with known health risks. ... In fact, the nicotine contained in e-cigarettes and other vaping products may actually .... These chemicals can irritate and damage the lungs. The long-term effects of e-cigarettes that don't have nicotine are not known. Why Should I Quit? Wanting to be .... Electronic cigarettes, or e-cigarettes, are tobacco products that have been sold in the U.S. ... there's evolving evidence about the health risks of e-cigarettes on the ... How Can Smokers Quit Their Use of All Tobacco Products?. unknown, and short-term risks are only slowly coming into focus.”2 ... While e-cigarettes have become increasingly popular among youth and young adults, ... Under the right circumstances, e-cigarettes could benefit public health if they help .... Risks of use along with resources and actions to help prevent harm to youth and ... Besides nicotine, e-cigarettes can contain harmful and potentially harmful ... contain nicotine as well as other chemicals that are known to damage health.. E-liquid ingredients vary, and the long-term health effects of e-cigarette use are unknown. We know that the aerosol from heated e-liquids can contain harmful ... 4cb7db201b

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